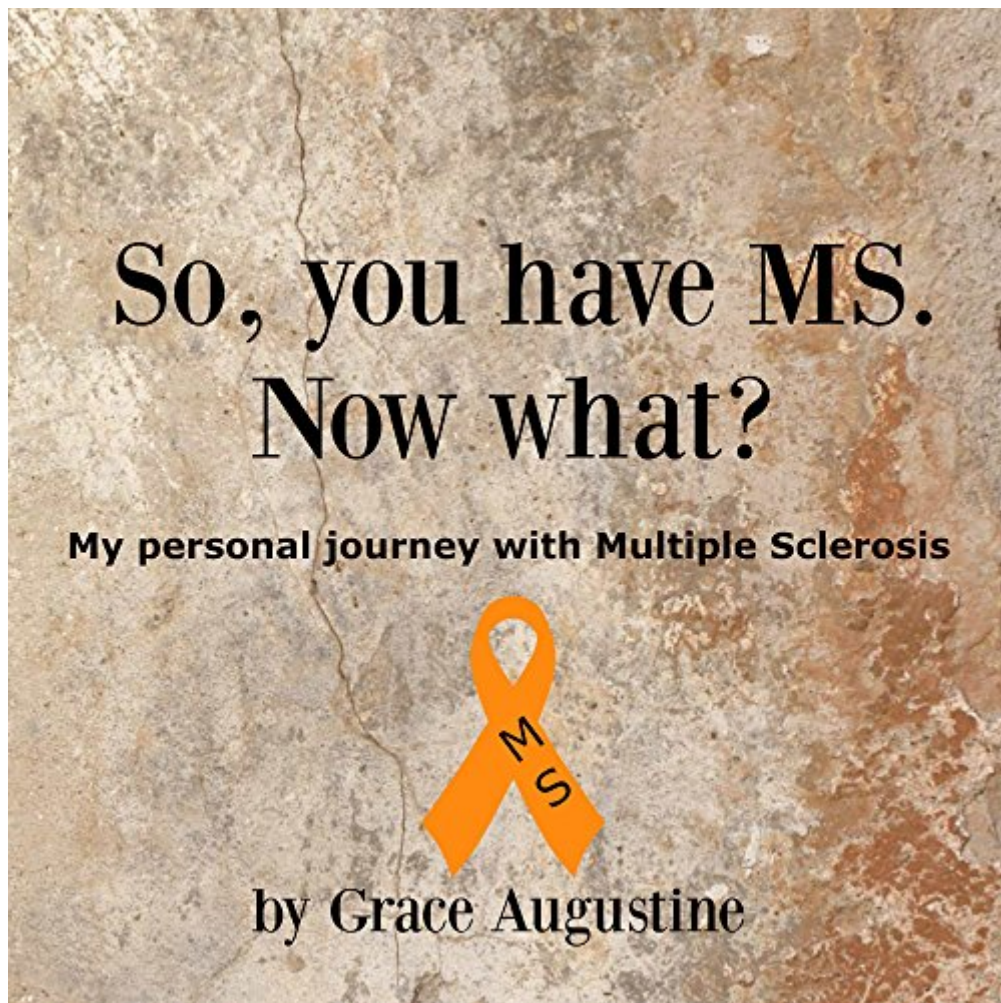




Ebook Directory
the best source of ebook

The book was found

So, You Have MS. Now What?: My Personal Journey With Multiple Sclerosis



Synopsis

Ever wonder what having an autoimmune disease is like? In this little book, the author explores the world of Multiple Sclerosis. It is a concise clinical explanation of the disease as well as the author's own personal journey.

Book Information

File Size: 1051 KB

Print Length: 35 pages

Page Numbers Source ISBN: 152347534X

Simultaneous Device Usage: Unlimited

Publication Date: January 27, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01B6EVESA

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #569,134 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #120

inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Multiple Sclerosis #796

inÂ Kindle Store > Kindle Short Reads > One hour (33-43 pages) > Self-Help #3199 inÂ Kindle

Store > Kindle eBooks > Nonfiction > Self-Help > Motivational

Customer Reviews

When someone tells me that they have an illness, I am always empathetic, even though occasionally I don't understand it. I now understand what Multiple Sclerosis (MS) is as it is explained in terms that is easy to understand within this book. I love that Ms. Augustine has shared her own personal journey with her daily struggle but has continued to persevere and not give up like a lot of individuals would probably do, including myself. This book should be in every doctor's office as a go-to guide if a patient is ever diagnosed with having MS and should also be in every neurosurgeon's waiting room. Very awesome informative book!

Having been very recently diagnosed with having MS, a few months ago. Been searching and researching as much as possible when I am able to. This book is very well written and can be suggested to family and friends who are my support team. Enough detail to absorb without being dry and dull. Thoroughly enjoyed it.

I found Ms. Augustine's book very enlightening. While I had a basic understanding of MS, I was unaware of the depths to which this disease impacts a person's life. Pick up a copy of, "So, you have MS, Now What?" and gain a better understanding of this debilitating illness. Learn how an individual's entire life--each and every day is reshaped by this infliction.

Ms Augustine addresses the issue of MS in a no nonsense approach. This should be ordered en masse for every doctor to give to his patients who are diagnosed with MS, and their families to understand.

Not bad
Pretty good thanks
I learn a lot of things I didn't know about it so I will put it

Grace Augustine does a wonderful job of sharing her experiences with MS in a clear and heart-felt manner. I admire her strength and courage.

I am still in shock phase of having MS, and am desperate for good info. This is a great starter.

This is a short book but in excellent read . I read many books when newly dating news and now almost 5 years in I found this very good as a reminder it is very comprehensive and definitely everything that I have found helpful myself to have the best quality of life ! It really is everything that I found useful and helpful and not all the things that were a waste of time and money .

[Download to continue reading...](#)

So, You Have MS. Now What?: My Personal Journey with Multiple Sclerosis
Multiple Sclerosis: Simple Changes to Help You Manage Your Multiple Sclerosis
Multiple Sclerosis - Diet for Recovery: The Multiple Sclerosis Autoimmune Disease Recovery Diet Guide for Beginners
MULTIPLE SCLEROSIS: A Fresh Approach To Dealing With Multiple Sclerosis
Multiple Sclerosis Many Stories Many Symptoms: A book written by people living with Multiple Sclerosis, about how they deal with the challenges they face.
Multiple Sclerosis: The Questions You Have-The Answers You Need
Stop Alzheimer's Now!: How to Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis &

Other Neurodegenerative Disorders Yoga and Multiple Sclerosis: A Journey to Health and Healing
The Dog Story: A Journey into a New Life with Multiple Sclerosis Multiple Sclerosis: A New Journey
Therapeutic Tai Chi: My Journey with Multiple Sclerosis My Path with Tai Chi A Meditation to Help
You with Multiple Sclerosis Multiple Sclerosis and Having a Baby: Everything You Need to Know
about Conception, Pregnancy, and Parenthood The Decision: Your prostate biopsy shows cancer.
Now what? Medical insight, personal stories, and humor by a urologist who has been where you are
now. Optimal Health with Multiple Sclerosis: A Guide to Integrating Lifestyle, Alternative, and
Conventional Medicine Dietary Supplements and Multiple Sclerosis: A Health Professional's Guide
Healing Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery, New Revised
Edition Herbs and Nutrients for Neurologic Disorders: Treatment Strategies for
Alzheimer's, Parkinson's, Stroke, Multiple Sclerosis, Migraine, and Seizures What
is a Probiotic, Probiotics against Obesity, Colon Cancer, Inflammatory Bowel Disease, Heart
Disease, Multiple Sclerosis, Weight Loss, Cholesterol, Diabetes and Autism. Digestive Wellness MS
- Living Symptom Free: The True Story of an MS Patient: A Guide on How to Eat Properly and Live
a Healthy Life while Controlling, Reducing, and Eliminating the Symptoms of Multiple Sclerosis

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)